





# **SUN PROTECTION IN SCHOOLS & EARLY CHILDHOOD SERVICES**

This policy is in effect for school Terms 1, 3 and 4 and whenever ultra violet (UV) radiation levels reach 3 or above.

#### **SUN PROTECTION**

Students are encouraged to be responsible for their own sun protection. The school uses a combination of sun protection measures for all outdoor activities on and off site including:

## **CLOTHING**

Sun protective clothing is included in the school uniform/dress code and sports uniform. The clothing is cool, loose fitting and made of closely woven fabric. It includes shirts with collars and elbow length sleeves, longer style dresses and shorts and rash tops or t-shirts for outdoor swimming.

## **SUNSCREEN**

Students must provide their own SPF 30 or higher broad spectrum, water resistant sunscreen for daily use. The school supplies SPF 30 or higher broad spectrum, water resistant sunscreen for staff and student use for camps/excursions.

Strategies are in place to remind students to apply sunscreen before going outdoors (e.g. teacher reminders, sunscreen monitors etc.)

Sunscreen is applied at least 20 minutes before going outdoors and reapplied every two hours if remaining outdoors.

Families with children who have naturally very dark skin are encouraged to discuss their vitamin D requirements with their GP or pediatrician.

#### **HATS**

All students and staff are required to wear hats that protect their face, neck and ears e.g. bucket hats, slouch hats) whenever they are outside. Baseball or peak caps are not acceptable.

# **SHADE**

Care is taken during the peak UV radiation times, and outdoor activities are scheduled outside of these times or in the shade where possible.

Students are encouraged to use available areas of shade when outside.

Students who do not have appropriate hats or clothing are asked to stay in the shade or a suitable area protected from the sun (verandah area of central main building).

Responsibility
Empathy
Self worth
Personal excellence
Enthusiasm
Collaboration
Trust

Golden Grove Primary School
Principal Wendy Moore
140 Bicentennial Drive
Golden Grove 5125
Phone 08 8289 3137
Fax 08 8289 3138
Email dl.1848\_info@schools.sa.edu.au
Website www.goldengps.sa.edu.au







# **CURRICULUM**

Programs on skin cancer prevention are included in the curriculum for all year levels. Sun Smart behaviour is regularly reinforced and promoted to the whole school community through newsletters, school assemblies, student and teacher activities etc.

#### **COMMUNICATION & REVIEW**

This policy will be shared with students and parents at the beginning of each school year.

This policy and other relevant policies can be found on the school's website <a href="https://www.goldengps.sa.edu.au">www.goldengps.sa.edu.au</a>

Ratified by Governing Council on May 2023

Principal: Wendy Moore

Governing Council Chair: Bec Feltus

Review Date: May 2025

The information has been extracted from the Cancer Council SA SunSmart policy

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